



Friends Club–A Parent’s Preview

Welcome to Friends Club!

Thank you for allowing your daughter to be part of the Friends Club in your church. Friends Club was developed to specifically meet the spiritual and social needs of junior high/middle school girls.

Friends Club material is designed to help these young girls learn accountability—to God, to their families, and to their friends. The units provided will help Friends make God’s truths and values the focus of their lives. The curriculum features discussion-oriented lessons to continue the Titus 2 principle of women mentoring young girls.

Unit Structure and Achievement Requirements

Friends Club is a three-year program. Girls will need to complete 18 units (six each year) during their time as Friends. Each unit has six lessons and can be completed in as few as six weeks. When girls complete a unit, they will be eligible to wear that unit’s charm on the Friends necklace. *Unit completion requirements (and to earn a charm) are to complete the unit Journal pages, memorize the unit memory verse and central truth, and complete a unit project.*

Becoming a Friends Graduate

The final requirement to become a Friends Graduate (the honor level of achievement for Friends) is completion of the comprehensive Friends Club Review—a fill-in-the-blank test over the 18 memory verses and central truths of the units completed and the “Articles of Faith.”

Completion of unit requirements, the Friends Review, and reading the entire Bible will make a girl eligible to be a Friends Graduate. Friends Graduates are awarded a silver-plated graduation pinky ring. Every girl who completes the Friends Graduate requirements is eligible to wear this ring.

Friends and Youth Group

Friends Club meetings can be held at any time of the week. Girls should not need to be torn between Friends Club and youth group activities. Friends can meet on any night different from youth night or used in conjunction with youth ministry as a small group discipleship tool for girls.

Unit Lessons

Accountability	Family Life	Personal Evangelism
Attitude Is Everything	Fitness	Prayer
Battle Stations	Friends for Life	Pure Heart
Bible	The Holy Spirit	Resolving Conflict
Child Care	Integrity	Sanctity of Life
Choices	Life-Controlling Problems	Self-Discipline
Commitment to Christ	Multiculturalism	Self-Esteem
Creation	Peer Pressure	Taming the Tongue